

## **Bienvenido al Distrito de Escuelas Públicas de Ridgefield Park**

### **TENGA EN CUENTA:**

La siguiente es una lista de documentos que deben presentarse para inscribir a un estudiante en el Sistema de Escuelas Públicas de Ridgefield Park. Todos los elementos enumerados a continuación **DEBEN SER ENVIADOS** o su registro no será procesado.

- Solicitud de inscripción
- nacimiento
- Identificación del padre/tutor
- Afirmación de residencia
  - a. **Propia:** escritura, registros de impuestos sobre la propiedad o estado de cuenta de la hipoteca
  - b. **Renta:** contrato de arrendamiento actual con la información de contacto del arrendador O Declaración jurada del arrendador completada y notariada con la información de contacto del arrendador
  - c. **Factura de servicios públicos:** debe estar al día.
- Tarjeta de transferencia del distrito escolar anterior.
- Estudiantes de educación especial: si su hijo tiene un IEP o 504, debe incluir el IEP más reciente del distrito escolar actual.
- Registros médicos
  - a. **para estudiantes de primaria (K-6):** formulario de registro de salud universal completado por un médico junto con los registros de vacunación.
  - b. **Estudiantes de secundaria (7-12):** formulario de historial de evaluación física previa a la participación junto con los registros de vacunación.

### **INFORMACIÓN ADICIONAL REQUERIDA:**

Los estudiantes de secundaria deben proporcionar registros académicos (transcripciones) de la escuela anterior que muestren el trabajo del curso y los créditos completados. Si el estudiante ingresa al 9° grado, debe mostrar prueba de que el estudiante ha completado el 8° grado. Si viene de una escuela de Nueva Jersey, proporcione los puntajes de NJASK y HSPA si están disponibles.

Se debe presentar la documentación de custodia o tutela del tribunal suplente del juzgado del condado de Bergen cuando el estudiante no vive con los padres.

Una vez que haya completado la [solicitud de registro en línea](#), el distrito se comunicará con usted.

Si tiene alguna pregunta antes o después de completar el registro en línea, comuníquese con [kthompson@rpschools.net](mailto:kthompson@rpschools.net).

**Todos los paquetes de registro serán revisados dentro de las 48 horas posteriores a la confirmación.**

**RIDGEFIELD PARK PUBLIC SCHOOLS**  
712 Lincoln Avenue, Ridgefield Park, NJ 07660  
Tel: 201-807-2640 // www.rpps.net

FECHA: \_\_\_\_\_

GRADO: \_\_\_\_\_

**INFORMACIÓN DEL ESTUDIANTE:**

APELLIDO: \_\_\_\_\_

PRIMER NOMBRE: \_\_\_\_\_

SEGUNDO NOMBRE: \_\_\_\_\_

**INFORMACIÓN DE NACIMIENTO: SI NACÍO EN LOS EE. UU.**

FECHA DE NACIMIENTO: \_\_\_\_\_ CIUDAD NATAL: \_\_\_\_\_

ESTADO DE NACIMIENTO: \_\_\_\_\_

**INFORMACIÓN DE NACIMIENTO: SI NACÍO FUERA DE LOS EE. UU.**

FECHA DE NACIMIENTO: \_\_\_\_\_ CIUDAD/PAÍS DE NACIMIENTO: \_\_\_\_\_

FECHA DE ENTRADA EN NOSOTROS: \_\_\_\_\_

<b>GÉNERO:</b>	<b>ETNIA:</b> SE REQUIEREN DATOS PARA TODAS LAS ESCUELAS PÚBLICAS DE NJ	
<input type="checkbox"/> HOMBRE	<input type="checkbox"/> HISPANO O LATINO	
<input type="checkbox"/> MUJER	<input type="checkbox"/> NO HISPANO O LATINO	
<input type="checkbox"/> NO/BINARIO NO DESIGNADO	<b>RAZA:</b>	
<b>SEXO DE NACIMIENTO:</b>	<input type="checkbox"/> BLANCO	<input type="checkbox"/> ASIÁTICO
<input type="checkbox"/> MASCULINO	<input type="checkbox"/> NEGRO (AFROAMERICANO)	<input type="checkbox"/> NATIVO DE HAWAIANO/ISL DEL PACÍFICO
<input type="checkbox"/> MUJER	<input type="checkbox"/> INDIA AMERICANA/ALASKA	<input type="checkbox"/> OTRO: _____

**RESIDENCIA LEGAL:**

PROPIO     ALQUILA     OTRO \_\_\_\_\_

DIRECCIÓN: \_\_\_\_\_ APT #: \_\_\_\_\_

CIUDAD: \_\_\_\_\_ ESTADO: \_\_\_\_\_ CÓDIGO POSTAL: \_\_\_\_\_

**ALGUNA VEZ HA SIDO EVALUADO SU HIJO PARA SERVICIOS DE EDUCACIÓN ESPECIAL ?**

SÍ     NO

<input type="checkbox"/> IEP	<input type="checkbox"/> IFSP	<input type="checkbox"/> ISP	<input type="checkbox"/> 504	<input type="checkbox"/> EVALUACIONES
<input type="checkbox"/> NOTA DEL MÉDICO		<input type="checkbox"/> CORRESPONDENCIA DEL MAESTRO/ESCUELA		<input type="checkbox"/> OTRO: POR FAVOR

**PROPORCIONE INFORMACIÓN CONEXIÓN MILITAR:**

ACTIVO – DEPENDIENTE DE UN MIEMBRO ACTIVO A TIEMPO COMPLETO DE LAS FUERZAS ARMADAS (EJÉRCITO, MARINA, MARINA, FUERZA AÉREA O GUARDACOSTAS)  
 NO CONEXIÓN MILITAR

**INFORMACIÓN DE LA ESCUELA ANTERIOR:**

<b>NOMBRE:</b>	
<b>CIUDAD/ESTADO:</b>	
<b>NIVEL DE GRADO:</b>	<b>FECHAS DE ASISTENCIA:</b>

**RIDGEFIELD PARK PUBLIC SCHOOLS**  
 712 Lincoln Avenue, Ridgefield Park, NJ 07660  
 Tel: 201-807-2640 // www.rpps.net

FECHA: \_\_\_\_\_

NIVEL DE GRADO: \_\_\_\_\_

**NOMBRE DEL ESTUDIANTE:** \_\_\_\_\_

**INFORMACIÓN DEL PADRE/TUTOR:**

**TUTOR 1:**

<b><u>NOMBRE:</u></b>		<b><u>RELACIÓN:</u></b>
<b><u>DIRECCIÓN:</u></b>		<b><u>APT #:</u></b>
<b><u>TELÉFONO CELULAR:</u></b>	<b><u>TELÉFONO CELULAR</u></b>	<b><u>CASA:</u></b>
<b><u>CORREO ELECTRÓNICO:</u></b>		

**TUTOR 2:**

<b><u>NOMBRE:</u></b>		<b><u>RELACIÓN:</u></b>
<b><u>DIRECCIÓN:</u></b>		<b><u>APT #:</u></b>
<b><u>TELÉFONO CELULAR:</u></b>	<b><u>TELÉFONO CELULAR:</u></b>	<b><u>CASA TELÉFONO:</u></b>
<b><u>CORREO ELECTRÓNICO:</u></b>		

**HERMANOS QUE ASISTEN AL DISTRITO ESCOLAR DE RIDGEFIELD PARK:**

**NOMBRE:**  
**GRADO:**

**ESCUELA:**      POR FAVOR CIRCULAR UNO

	RP JR/SR HS / ROOSEVELT / GRANT / LINCOLN	
	RP JR/SR HS / ROOSEVELT / GRANT / LINCOLN	
	RP JR/SR HS / ROOSEVELT / GRANT / LINCOLN	
	RP JR/SR HS / ROOSEVELT / GRANT / LINCOLN	
	RP JR/SR HS / ROOSEVELT / GRANT / LINCOLN	
	RP JR/SR HS / ROOSEVELT / GRANT / LINCOLN	

**RECONOCIMIENTO:**

Certifico que la información proporcionada por mí es verdadera, soy consciente de que si alguna de las declaraciones anteriores hechas por mí es falsa, estoy sujeto a castigo bajo la ley y puede resultar en responsabilidad financiera por asistir a la escuela.

**NOMBRE EN LETRA DE IMPRENTA:**

\_\_\_\_\_

FIRMA: \_\_\_\_\_ FECHA: \_\_\_\_\_

## FORMULARIO DE SOLICITUD DE REGISTROS ACADÉMICOS

<b>Grant School</b> 104 Henry Street 201-641-0441	<b>Lincoln School</b> 712 Lincoln Avenue 201-994-1830	<b>Roosevelt School</b> 508 Teaneck Road 201-440-0808	<b>RPJRSRHS</b> One Ozzie Nelson Drive 201-440-1440	<b>Office of Special Servicios</b> 98 Central Avenue 201-807-2650
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Fecha: \_\_\_\_\_

El niño nombrado a continuación se ha inscrito en una de nuestras escuelas. El padre/tutor ha autorizado que los siguientes registros deben enviarse a la escuela marcada con un círculo lo antes posible:

- Académico (incluyendo boleta de calificaciones, expediente académico, puntajes de exámenes estandarizados, IEP)
- Asistencia
- Disciplinario
- Médico/Salud
- Confidencial

Nombre completo de la escuela anterior: \_\_\_\_\_

Dirección: \_\_\_\_\_

Ciudad/Estado/Código postal: \_\_\_\_\_

teléfono: \_\_\_\_\_

Número de fax: \_\_\_\_\_

Correo electrónico de contacto: \_\_\_\_\_

**Gracias por su cooperación.**

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Por la presente doy permiso para divulgar todos los registros escolares académicos, de asistencia, de salud, disciplinarios y confidenciales a la escuela marcada con un círculo arriba para:

Nombre del niño: \_\_\_\_\_

Grado actual: \_\_\_\_\_

Nombre del padre/tutor (letra de imprenta): \_\_\_\_\_

Firma del padre/tutor: \_\_\_\_\_

**INICIATIVA DE EDUCACIÓN ESPECIAL DE MEDICAID (SEMI)**

**DISTRITO ESCOLAR DE RIDGEFIELD PARK:**

Nuestro distrito escolar participa en el programa Iniciativa de Medicaid de Educación Especial (SEMI) que permite a los distritos escolares facturar a Medicaid por los servicios que se brindan a los estudiantes.

De acuerdo con la Ley de Privacidad y Derechos Educativos de la Familia, 34 CFR §99.30 y la Sección 617 de IDEA Parte B, los requisitos de consentimiento en 34 CFR §300.622 requieren un consentimiento único antes de acceder a los Beneficios públicos.

Este consentimiento establece que la información de identificación personal de su hijo, como los registros de los estudiantes o la información sobre los servicios prestados a su hijo, incluidas las evaluaciones y los servicios especificados en el Programa de Educación Individualizado (IEP) de mi hijo (terapia ocupacional, fisioterapia, terapia del habla, asesoramiento psicológico, audiología, enfermería y transporte especializado) pueden divulgarse a Medicaid y al Departamento del Tesoro con el fin de recibir el reembolso de Medicaid en el Distrito escolar.

Como padre/tutor del niño mencionado a continuación, doy permiso para divulgar información como se describe anteriormente y entiendo y acepto que Medicaid puede acceder a los beneficios públicos o al seguro público de mi hijo o míos para pagar la educación especial o los servicios relacionados según la Parte 300 (servicios bajo el IDEA). Entiendo que el distrito escolar aún debe brindar servicios a mi hijo de conformidad con su IEP, independientemente de mi estado de elegibilidad para Medicaid o mi voluntad de dar mi consentimiento para la facturación de SEMI

. Entiendo que la facturación de estos servicios por parte del distrito no afecta mi capacidad. para acceder a estos servicios para mi hijo fuera del entorno escolar, ni mi familia incurrirá en ningún costo, incluidos copagos, deducibles, pérdida de elegibilidad o impacto en los beneficios de por vida.

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Nombre del niño: \_\_\_\_\_

Fecha de nacimiento: \_\_\_\_\_

Firma del padre/tutor: \_\_\_\_\_

Fecha: \_\_\_\_\_

Doy mi consentimiento para facturar por SEMI:

- SÍ
- NO

Este consentimiento se puede revocar en cualquier momento comunicándose con el Administrador de casos de su hijo o con el administrador de la escuela de su hijo, por escrito.

## Encuesta sobre el idioma que se habla en casa

Objetivo: la encuesta sobre el idioma que se habla en casa se utiliza únicamente con el fin de ofrecer servicios educativos adecuados (de acuerdo con el capítulo 1 de la Herramienta EL del Departamento de Educación de EE. UU.). Esta encuesta es el primero de los tres pasos para determinar si un estudiante es elegible para ser identificado como estudiante de inglés (ELL, por sus siglas en inglés). En este sentido, se entiende por "Casa" el lugar de residencia actual del estudiante.

### Información del estudiante:

**Nombre del estudiante:** \_\_\_\_\_

**Fecha de nacimiento (AAAA/MM/DD):** \_\_\_\_\_

**Dirección actual:** \_\_\_\_\_

### Preguntas de la encuesta:

1.) Liste todos los idiomas que se hablan en la casa del estudiante.

\_\_\_\_\_

2.) ¿El primer idioma hablado por el estudiante fue un idioma distinto del inglés?

\_\_\_\_\_ No \_\_\_\_\_ Sí

3.) ¿El estudiante habla o entiende un idioma distinto del inglés?

\_\_\_\_\_ No \_\_\_\_\_ Sí

4.) Cuando se relaciona con otras personas en casa (por ejemplo: padres, encargados, hermanos), ¿el estudiante entiende o habla en un idioma distinto del inglés la mayor parte del tiempo?

\_\_\_\_\_ No \_\_\_\_\_ Sí

5.) Cuando se relaciona con otras personas fuera de casa (por ejemplo, amigos, cuidadores), ¿el estudiante entiende o habla en un idioma distinto del inglés la mayor parte del tiempo?

\_\_\_\_\_ No \_\_\_\_\_ Sí

Updated: June 30, 2021

DATE: \_\_\_\_\_

DATE: \_\_\_\_\_

## ALLERGY RECORD FORM

CHILD'S NAME: \_\_\_\_\_

LAST FIRST MIDDLE

DATE OF BIRTH: \_\_\_\_ / \_\_\_\_ / \_\_\_\_      AGE: \_\_\_\_\_

If your child has **NO** allergies/reactions please check here  and sign below.

ITEM	YES	NO	TYPE OF REACTION	MEDICATION TAKEN	ACTIONS TO BE TAKEN
DAIRY PRODUCTS					
EGGS					
PEANUTS					
OTHER FOODS PLEASE LIST BELOW					
BEEES					
OTHER ANIMALS PLEASE LIST BELOW					
PENICILLIN					
ERYTHROMYCIN					
OTHER MEDS PLEASE LIST BELOW					
SEASONAL ALLERGIES					
OTHER ALLERGIES PLEASE LIST BELOW					

### ADDITIONAL INFORMATION

**OTHER FOOD:**

FOOD	TYPE OF REACTION	MEDICATION TAKEN	ACTIONS TO BE TAKEN

**OTHER ANIMALS:**

ANIMAL	TYPE OF REACTION	MEDICATION TAKEN	ACTIONS TO BE TAKEN

**OTHER MEDICATION:**

MEDICATION	TYPE OF REACTION	MEDICATION TAKEN	ACTIONS TO BE TAKEN

**OTHER ALLERGIES:**

ALLERGIES	TYPE OF REACTION	MEDICATION TAKEN	ACTIONS TO BE TAKEN

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

RELATIONSHIP TO CHILD: \_\_\_\_\_

DATE: \_\_\_\_\_

## MEDICAL HISTORY FORM

CHILD'S NAME: \_\_\_\_\_

LAST

FIRST

MIDDLE

DATE OF BIRTH: \_\_\_\_/\_\_\_\_/\_\_\_\_

AGE: \_\_\_\_\_

Please complete the child's health history below.

<u>DIAGNOSIS</u>	<u>YES</u>	<u>NO</u>	<u>DATE OF DIAGNOSIS</u>	<u>TREATMENT AND/OR RESTRICTIONS</u>
ASTHMA				
BLOOD DISORDER				
CHICKEN POX				
DIABETES				
HEAD INJURY				
HEART PROBLEM				
SEIZURE				
SKIN CONDITION				
SPEECH/LANGUAGE				
URINARY PROBLEM				
VISION/GLASSES				

**Current Medications:** Please include the name of the medicine, the dosage, time, and reason for use.

<u>NAME OF MEDICINE</u>	<u>DOSAGE</u>	<u>TIME</u>	<u>REASON</u>

**Hospitalizations for illness or surgery:** Please include diagnosis and year.

<u>HOSPITALIZATION REASON</u>	<u>DIAGNOSIS</u>	<u>YEAR</u>

I GIVE MY PERMISSION FOR THIS INFORMATION TO BE SHARED WITH APPROPRIATE SCHOOL STAFF.

PARENT/GUARDIAN NAME: \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_

RELATIONSHIP TO CHILD: \_\_\_\_\_

DATE: \_\_\_\_\_



DATE: \_\_\_\_\_

## **MEDICATION FORM**

CHILD'S NAME: \_\_\_\_\_  
LAST FIRST MIDDLE

DATE OF BIRTH: \_\_\_\_/\_\_\_\_/\_\_\_\_      AGE: \_\_\_\_\_

PARENT/GUARDIAN NAME: \_\_\_\_\_

RELATIONSHIP TO CHILD: \_\_\_\_\_

A child must not bring to school any prescribed or over-the-counter medication...not one single dose! Any such products must be brought to the school nurse by a parent/guardian with directions for use from a physician. Only a school nurse may administer the medication.

By my signature, I certify that my child does not need to take any prescribed or over-the-counter medication during the school day.

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

**There are few exceptions to this rule:**  
 Permission may be granted to your child for self-administration of medication for asthma or other potentially life threatening conditions if the school receives written permission from a parent/guardian and authorization by a physician. Even in this case, we may require that the medication be self-administered in the presence of the school nurse.

By my signature below I give permission for my child to self-administer the medication indicated by the physician. I understand that Ridgefield Park Public Schools shall incur no liability as a result of any injury arising from the self-administration of medication by my child and I shall indemnify and hold harmless the Ridgefield Park Board of Education and its employees and agent against any claims arising as a result of the self administration of medication by my child.

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

RELATIONSHIP TO CHILD: \_\_\_\_\_

**TO BE COMPLETED BY PHYSICIAN'S OFFICE:**

Diagnosis	Name of Medication	Form of Medication	Dose	Time	How soon the dose can be repeated	List of significant side effects	Length of time this treatment is recommended

The above mentioned child has asthma and/or other life threatening condition and has been instructed in and is capable of self-administering the medication noted above.

**Physician's Signature and Stamp:**  
 Physician's Name: \_\_\_\_\_  
 SIGNATURE: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_  
 \_\_\_\_\_  
 TELEPHONE: \_\_\_\_\_

PLACE STAMP HERE

**ATTENTION PARENT/GUARDIAN:** The preparticipation physical examination (page 3) must be completed by a health care provider who has completed the Student-Athlete Cardiac Assessment Professional Development Module.

# PREPARTICIPATION PHYSICAL EVALUATION HISTORY FORM

*(Note: This form is to be filled out by the patient and parent prior to seeing the physician. The physician should keep a copy of this form in the chart.)*

Date of Exam \_\_\_\_\_  
Name \_\_\_\_\_ Date of birth \_\_\_\_\_  
Sex \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_ Sport(s) \_\_\_\_\_

**Medicines and Allergies:** Please list all of the prescription and over-the-counter medicines and supplements (herbal and nutritional) that you are currently taking

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Do you have any allergies?  Yes  No If yes, please identify specific allergy below.

Medicines  Pollens  Food  Stinging Insects

**Explain "Yes" answers below. Circle questions you don't know the answers to.**

GENERAL QUESTIONS	Yes	No	MEDICAL QUESTIONS	Yes	No
1. Has a doctor ever denied or restricted your participation in sports for any reason?			26. Do you cough, wheeze, or have difficulty breathing during or after exercise?		
2. Do you have any ongoing medical conditions? If so, please identify below: <input type="checkbox"/> Asthma <input type="checkbox"/> Anemia <input type="checkbox"/> Diabetes <input type="checkbox"/> Infections Other: _____			27. Have you ever used an inhaler or taken asthma medicine?		
3. Have you ever spent the night in the hospital?			28. Is there anyone in your family who has asthma?		
4. Have you ever had surgery?			29. Were you born without or are you missing a kidney, an eye, a testicle (males), your spleen, or any other organ?		
<b>HEART HEALTH QUESTIONS ABOUT YOU</b>	<b>Yes</b>	<b>No</b>	30. Do you have groin pain or a painful bulge or hernia in the groin area?		
5. Have you ever passed out or nearly passed out DURING or AFTER exercise?			31. Have you had infectious mononucleosis (mono) within the last month?		
6. Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise?			32. Do you have any rashes, pressure sores, or other skin problems?		
7. Does your heart ever race or skip beats (irregular beats) during exercise?			33. Have you had a herpes or MRSA skin infection?		
8. Has a doctor ever told you that you have any heart problems? If so, check all that apply: <input type="checkbox"/> High blood pressure <input type="checkbox"/> A heart murmur <input type="checkbox"/> High cholesterol <input type="checkbox"/> A heart infection <input type="checkbox"/> Kawasaki disease Other: _____			34. Have you ever had a head injury or concussion?		
9. Has a doctor ever ordered a test for your heart? (For example, ECG/EKG, echocardiogram)			35. Have you ever had a hit or blow to the head that caused confusion, prolonged headache, or memory problems?		
10. Do you get lightheaded or feel more short of breath than expected during exercise?			36. Do you have a history of seizure disorder?		
11. Have you ever had an unexplained seizure?			37. Do you have headaches with exercise?		
12. Do you get more tired or short of breath more quickly than your friends during exercise?			38. Have you ever had numbness, tingling, or weakness in your arms or legs after being hit or falling?		
<b>HEART HEALTH QUESTIONS ABOUT YOUR FAMILY</b>	<b>Yes</b>	<b>No</b>	39. Have you ever been unable to move your arms or legs after being hit or falling?		
13. Has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 50 (including drowning, unexplained car accident, or sudden infant death syndrome)?			40. Have you ever become ill while exercising in the heat?		
14. Does anyone in your family have hypertrophic cardiomyopathy, Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy, long QT syndrome, short QT syndrome, Brugada syndrome, or catecholaminergic polymorphic ventricular tachycardia?			41. Do you get frequent muscle cramps when exercising?		
15. Does anyone in your family have a heart problem, pacemaker, or implanted defibrillator?			42. Do you or someone in your family have sickle cell trait or disease?		
16. Has anyone in your family had unexplained fainting, unexplained seizures, or near drowning?			43. Have you had any problems with your eyes or vision?		
<b>BONE AND JOINT QUESTIONS</b>	<b>Yes</b>	<b>No</b>	44. Have you had any eye injuries?		
17. Have you ever had an injury to a bone, muscle, ligament, or tendon that caused you to miss a practice or a game?			45. Do you wear glasses or contact lenses?		
18. Have you ever had any broken or fractured bones or dislocated joints?			46. Do you wear protective eyewear, such as goggles or a face shield?		
19. Have you ever had an injury that required x-rays, MRI, CT scan, injections, therapy, a brace, a cast, or crutches?			47. Do you worry about your weight?		
20. Have you ever had a stress fracture?			48. Are you trying to or has anyone recommended that you gain or lose weight?		
21. Have you ever been told that you have or have you had an x-ray for neck instability or atlantoaxial instability? (Down syndrome or dwarfism)			49. Are you on a special diet or do you avoid certain types of foods?		
22. Do you regularly use a brace, orthotics, or other assistive device?			50. Have you ever had an eating disorder?		
23. Do you have a bone, muscle, or joint injury that bothers you?			51. Do you have any concerns that you would like to discuss with a doctor?		
24. Do any of your joints become painful, swollen, feel warm, or look red?			<b>FEMALES ONLY</b>		
25. Do you have any history of juvenile arthritis or connective tissue disease?			52. Have you ever had a menstrual period?		
			53. How old were you when you had your first menstrual period?		
			54. How many periods have you had in the last 12 months?		

**Explain "yes" answers here**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.**

Signature of athlete \_\_\_\_\_ Signature of parent/guardian \_\_\_\_\_ Date \_\_\_\_\_

# ■ PREPARTICIPATION PHYSICAL EVALUATION

## THE ATHLETE WITH SPECIAL NEEDS: SUPPLEMENTAL HISTORY FORM

Date of Exam \_\_\_\_\_

Name \_\_\_\_\_ Date of birth \_\_\_\_\_

Sex \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_ Sport(s) \_\_\_\_\_

1. Type of disability		
2. Date of disability		
3. Classification (if available)		
4. Cause of disability (birth, disease, accident/trauma, other)		
5. List the sports you are interested in playing		
	<b>Yes</b>	<b>No</b>
6. Do you regularly use a brace, assistive device, or prosthetic?		
7. Do you use any special brace or assistive device for sports?		
8. Do you have any rashes, pressure sores, or any other skin problems?		
9. Do you have a hearing loss? Do you use a hearing aid?		
10. Do you have a visual impairment?		
11. Do you use any special devices for bowel or bladder function?		
12. Do you have burning or discomfort when urinating?		
13. Have you had autonomic dysreflexia?		
14. Have you ever been diagnosed with a heat-related (hyperthermia) or cold-related (hypothermia) illness?		
15. Do you have muscle spasticity?		
16. Do you have frequent seizures that cannot be controlled by medication?		

**Explain "yes" answers here**

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**Please indicate if you have ever had any of the following.**

	<b>Yes</b>	<b>No</b>
Atlantoaxial instability		
X-ray evaluation for atlantoaxial instability		
Dislocated joints (more than one)		
Easy bleeding		
Enlarged spleen		
Hepatitis		
Osteopenia or osteoporosis		
Difficulty controlling bowel		
Difficulty controlling bladder		
Numbness or tingling in arms or hands		
Numbness or tingling in legs or feet		
Weakness in arms or hands		
Weakness in legs or feet		
Recent change in coordination		
Recent change in ability to walk		
Spina bifida		
Latex allergy		

**Explain "yes" answers here**

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**I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.**

Signature of athlete \_\_\_\_\_ Signature of parent/guardian \_\_\_\_\_ Date \_\_\_\_\_

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**NOTE:** The preparticipation physical examination must be conducted by a health care provider who 1) is a licensed physician, advanced practice nurse, or physician assistant; and 2) completed the Student-Athlete Cardiac Assessment Professional Development Module.

# PREPARTICIPATION PHYSICAL EVALUATION PHYSICAL EXAMINATION FORM

Name \_\_\_\_\_ Date of birth \_\_\_\_\_

## PHYSICIAN REMINDERS

- Consider additional questions on more sensitive issues
  - Do you feel stressed out or under a lot of pressure?
  - Do you ever feel sad, hopeless, depressed, or anxious?
  - Do you feel safe at your home or residence?
  - Have you ever tried cigarettes, chewing tobacco, snuff, or dip?
  - During the past 30 days, did you use chewing tobacco, snuff, or dip?
  - Do you drink alcohol or use any other drugs?
  - Have you ever taken anabolic steroids or used any other performance supplement?
  - Have you ever taken any supplements to help you gain or lose weight or improve your performance?
  - Do you wear a seat belt, use a helmet, and use condoms?
- Consider reviewing questions on cardiovascular symptoms (questions 5–14).

EXAMINATION		
Height _____	Weight _____	<input type="checkbox"/> Male <input type="checkbox"/> Female
BP _____ / _____ ( _____ / _____ )	Pulse _____	Vision R 20/ _____ L 20/ _____ Corrected <input type="checkbox"/> Y <input type="checkbox"/> N
MEDICAL	NORMAL	ABNORMAL FINDINGS
Appearance <ul style="list-style-type: none"> <li>Marfan stigmata (kyphoscoliosis, high-arched palate, pectus excavatum, arachnodactyly, arm span &gt; height, hyperlaxity, myopia, MVP, aortic insufficiency)</li> </ul>		
Eyes/ears/nose/throat <ul style="list-style-type: none"> <li>Pupils equal</li> <li>Hearing</li> </ul>		
Lymph nodes		
Heart <sup>a</sup> <ul style="list-style-type: none"> <li>Murmurs (auscultation standing, supine, +/- Valsalva)</li> <li>Location of point of maximal impulse (PMI)</li> </ul>		
Pulses <ul style="list-style-type: none"> <li>Simultaneous femoral and radial pulses</li> </ul>		
Lungs		
Abdomen		
Genitourinary (males only) <sup>b</sup>		
Skin <ul style="list-style-type: none"> <li>HSV, lesions suggestive of MRSA, tinea corporis</li> </ul>		
Neurologic <sup>c</sup>		
MUSCULOSKELETAL		
Neck		
Back		
Shoulder/arm		
Elbow/forearm		
Wrist/hand/fingers		
Hip/thigh		
Knee		
Leg/ankle		
Foot/toes		
Functional <ul style="list-style-type: none"> <li>Duck-walk, single leg hop</li> </ul>		

<sup>a</sup>Consider ECG, echocardiogram, and referral to cardiology for abnormal cardiac history or exam.

<sup>b</sup>Consider GU exam if in private setting. Having third party present is recommended.

<sup>c</sup>Consider cognitive evaluation or baseline neuropsychiatric testing if a history of significant concussion.

- Cleared for all sports without restriction
- Cleared for all sports without restriction with recommendations for further evaluation or treatment for \_\_\_\_\_
- Not cleared
- Pending further evaluation
  - For any sports
  - For certain sports \_\_\_\_\_
- Reason \_\_\_\_\_

Recommendations \_\_\_\_\_

**I have examined the above-named student and completed the preparticipation physical evaluation. The athlete does not present apparent clinical contraindications to practice and participate in the sport(s) as outlined above. A copy of the physical exam is on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, a physician may rescind the clearance until the problem is resolved and the potential consequences are completely explained to the athlete (and parents/guardians).**

Name of physician, advanced practice nurse (APN), physician assistant (PA) (print/type) \_\_\_\_\_ Date of exam \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Signature of physician, APN, PA \_\_\_\_\_

# ■ PREPARTICIPATION PHYSICAL EVALUATION CLEARANCE FORM

Name \_\_\_\_\_ Sex  M  F Age \_\_\_\_\_ Date of birth \_\_\_\_\_

Cleared for all sports without restriction

Cleared for all sports without restriction with recommendations for further evaluation or treatment for \_\_\_\_\_

Not cleared

Pending further evaluation

For any sports

For certain sports \_\_\_\_\_

Reason \_\_\_\_\_

Recommendations \_\_\_\_\_

## EMERGENCY INFORMATION

Allergies \_\_\_\_\_

Other information \_\_\_\_\_

### HCP OFFICE STAMP

### SCHOOL PHYSICIAN:

Reviewed on \_\_\_\_\_  
(Date)

Approved \_\_\_\_\_ Not Approved \_\_\_\_\_

Signature: \_\_\_\_\_

**I have examined the above-named student and completed the preparticipation physical evaluation. The athlete does not present apparent clinical contraindications to practice and participate in the sport(s) as outlined above. A copy of the physical exam is on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, the physician may rescind the clearance until the problem is resolved and the potential consequences are completely explained to the athlete (and parents/guardians).**

Name of physician, advanced practice nurse (APN), physician assistant (PA) \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Signature of physician, APN, PA \_\_\_\_\_

### Completed Cardiac Assessment Professional Development Module

Date \_\_\_\_\_ Signature \_\_\_\_\_